



PHAU NTAWV QHIA KEV CAIS TAWM NYOB IB LEEG NTAWM TUS KAB MOB COVID-19

Hais txog rau kev pab cuam rau tsev kawm ntawv, kev saib xyuas me nyuam yaus, thiab cov hluas

Yuav ua li cas yog tias koj tab tom muaj cov tsos mob ntawm tus kab mob COVID-19 * los sis tau kuaj pom muaj tus kab mob COVID-19 (tsis hais seb yuav txhaj tshuaj tiv thaiv kab mob los sis cov tsos mob li cas)

Yog tias koj muaj cov tsos mob ntawm tus kab mob COVID-19:



Nyob twj ywm hauv tsev.



Kev kuaj tus kab mob COVID-19 tau txhawb kom muaj zog, tshwj xeeb tshaj yog tias koj muaj kev pheej hmoo siab rau tus kab mob hnyav, yog tias koj muaj cov tsos mob txuas ntxiv los sis hnyav zuj zus, yog tias koj muaj cov tsos mob ntxiv, yog tias koj tau kis tus kab mob COVID-19, los sis yog tias muaj kev sib kis ntawm COVID-19 siab dua hauv koj cheeb tsam.



Yog tias koj tsis tau kuaj, ua raws li cov lus qhia hauv qab no yog tias koj tau kuaj pom tias muaj tus kab mob COVID-19.



Yog tias qhov kev kuaj tus kab mob COVID-19 tau ua tiav thiab qhov tshwm sim yog

MUAJ TUS KAB MOB

Nyob twj ywm hauv tsev tsawg kawg yog puv tsib hnuv txij hnuv cov tsos mob pib los sis hnuv koj tau kuaj yog tias koj tsis muaj tsos mob.

Nyob nrug deb ntawm lwm tus, suav nrog cov neeg hauv tsev, ntau li ntau tau. Rau daim ntaub npog qhov ncauj qhov ntswg kom haum zoo.



Yog tias qhov kev kuaj tus kab mob COVID-19 tau ua tiav thiab qhov tshwm sim yog

TSIS MUAJ TUS KAB MOB

Nyob twj ywm hauv tsev kom txog thaum koj cov tsos mob zoo tuaj thiab koj tsis kub taub hau hauv 24 teev (tsis tas siv tshuaj txo qhov kub taub hau) ua ntej rov qab.

Tom qab tsib hnuv ntawm kev cais tawm nyob ib leeg hauv tsev:

Koj cov tsos mob puas tau zoo tuaj thiab koj puas tau kub taub hau rau hauv 24 teev (tsis siv tshuaj txo qhov kub taub hau)?

TSIS TAU:

YOG:



Txuas ntxiv nyob twj ywm hauv tsev thiab nyob nrug deb ntawm lwm tus kom txog thaum cov tsos mob zoo tuaj thiab koj tsis kub taub hau rau hauv 24 teev (tsis tas siv tshuaj txo qhov kub taub hau).

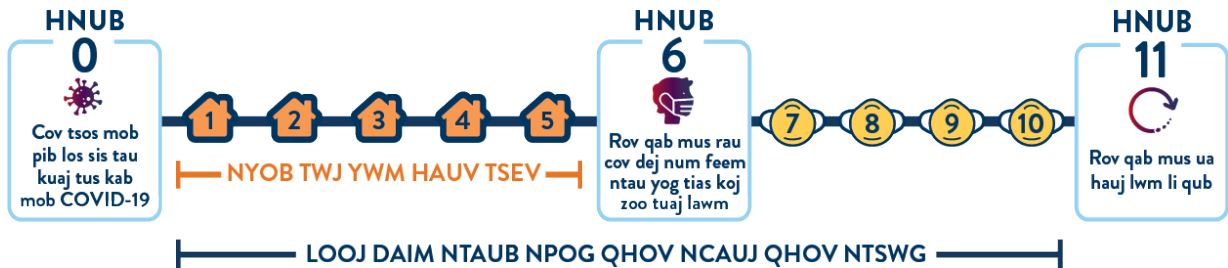
Thaum ob qho tib si muaj tseeb, rov qab mus rau tsev kawm ntawv los sis qhov kev pab cuam thiab txuas ntxiv npog lub npog qhov ncauj qhov ntswg thaum nyob ib puag ncig lwm tus, suav nrog cov neeg hauv koj tsev neeg, txog 10 hnuv dhau los txij li koj qhov kev cais tawm nyob ib leeg tau pib.



Rov qab mus rau tsev kawm ntawv los sis qhov kev pab cuam.

Npog lub npog qhov ncauj qhov ntswg txuas mus ntxiv thaum nyob ib puag ncig lwm tus, suav nrog cov neeg hauv koj tsev neeg rau tsib hnuv ntxiv.

“Cov tsos mob zoo lawm” txhais tau hais tias ib tus neeg tsis hnov mob ntxiv lawm; lawv tuaj yeem ua lawv tus kheej cov hauj lwm txhua hnuv mus li ib yam lawv tau ua-ua ntej lawv yuav muaj mob, thiab lwm cov tsos mob uas tseem muaj, xws li hnoos los sis los ntswg, mob me ntsis, los sis tsis mob xwm yeem.



Cov neeg uas muaj hnuv nyoog qis dua 2 xyoos thiab lwm tus uas tsis tuaj yeem looj lub npog qhov ncauj qhov ntswg kom haum zoo yuav tsum nyob twj ywm hauv tsev tsawg kawg kom puv 10 hnuv txij li thaum lawv mob thawj zaug los sis, yog tias tsis muaj tsos mob, txij li hnuv lawv tau kuaj.

Yog xav paub ntau ntxiv:
[Yog Tias Koj Mob los sis Kuaj Pom Tias Muaj Mob: Tus Kab Mob COVID-19 \(www.health.state.mn.us/diseases/coronavirus/sick.html\)](http://www.health.state.mn.us/diseases/coronavirus/sick.html)

