



Qhia Qhov Tseeb Txog Tej Yam Dag Ntawm Koob Tshuaj COVID-19

Muaj coob leej ntau tus muaj lus nug thiab kev txhawj xeeb txog tej koob tshuaj COVID-19. Yeej tsis ua cas. Daim ntawv no yuav qhia koj qhov tseeb txog cov koob tshuaj COVID-19.

✓ Yeej ua raws li txhua them kev nyab xeeb los tsim koob tshuaj COVID-19.

Tau tsim koob tshuaj COVID-19 raws li tej txheej txheem kev nyab xeeb thiab kev kawm raws li kev tsim lwm koob tshuaj thiab. Cov kws tshawb fawb kev kho mob tsim koob tshuaj no tau sai heev vim lawv twb kawm ntau xyoo ntsig txog koob tshuaj no yav tag los lawm thiab peev nyiaj pab los ntawm tsoom fwv.

✓ Cov koob tshuaj COVID-19 txhaj tau rau txhua tus uas nyob rau pab pawg hnuv nyoog uas tau kev pom zoo mus txhaj.

Tagnrho cov koob tshuaj COVID-19 tau muab sim txhaj rau txhiab phav tus neeg uas muaj hnuv nyoog sib txawv, tawv nqaij, thiab txawv haiv neeg los sim txhaj koob tshuaj no kom thiaj li paub tseeb seb puas nyab xeeb siv thiab ua tau haujlwm zoo.

✓ Koob tshuaj COVID-19 yog dawb xwb.

Tab txawm koj muaj ntawv pov hwm lossis tsis muaj lossis koj ntaub ntawv nyob tebchaws no yog li cas los xij, yuav tsis rub nqi rau koj them.

✓ Cov koob tshuaj COVID-19 yuav tsis hloov koj li roj ntsha DNA.

Cov koob tshuaj COVID-19 Pfizer thiab Moderna muaj tus mRNA (messenger RNA) nyob rau hauv thiab nws yuav hloov lossis kho tsis tau ib tug neeg twg li roj ntsha (DNA), vim nws twb tsis nkag mus rau hauv nruab nrab cov keeb (cells), uas yog qhov chaw tsim DNA. Tom qab tus mRNA no ua tiav nws li haujlwm lawm, lub cev yuav muab nws rhuav tshem.

✓ Koob tshuaj COVID-19 Johnson & Johnson tsis muaj tej menyuum xeeb hauv plab cov tsig nqaij nyob rau hauv.

Tsim koob tshuaj no los ntawm siv ib tug vais lav (virus) khaub thuas uas tsis ua tau mob rau leejtwg lawm, hu ua as viv naum vais lav (advenovirus). Tau muab tus vais lav khaub thuas no yug loj hlob rau ntawm tej keeb menyuum mos xeeb hauv plab (fetal cells) uas cov kws tsim koob tshuaj no tau khaws tseg ntau xyoo dhau los lawm. Tau muaj ntau pab pawg ntseeg thiab koom haum saib xyuas kev ncaj ncees ntawm kev kho mob qhia hais tias tibneeg yeej mus txhaj tau koob tshuaj no yog tias tsis muaj lwm koob tshuaj mus txhaj ntxiv lawm.

✓ Cov koob tshuaj COVID-19 tsis muaj tej npib me me nyob rau hauv.

Tej koob tshuaj COVID-19 tsis muaj tej npib me me (microchips) nyob rau hauv los txhaj rau tibneeg kom thiaj soj qab taug lw tau lawv.

✓ Cov koob tshuaj COVID-19 tsis muaj tej tshuaj ntxiv rau kom kav ntev, qe, lossis nqaij npuas nyob rau hauv.

Cov koob tshuaj COVID-19 tsis muaj: kua roj hmab (latex), tshuaj kav ntev; lossis tej khoom los ntawm tsiaj, xws li nqaij npuas lossis kua npluam (gelatin). Tsis tau muab tej koob tshuaj no mus yug loj hlob los ntawm qe thiab tsis muaj tej yam khoom qe nyob rau hauv.

✓ Cov poj niam cev xeeb tub yuav tsum tau txhaj tshuaj tiv thaiv.

Cov poj niam cev xeeb tub muaj kev pheej hmoo siab rau tus kab mob COVID-19 uas hnyav dua piv rau cov neeg tsis xeeb tub. Muaj ntau cov ntaub ntawv hais txog kev nyab xeeb ntawm kev txhaj tshuaj tiv thaiv COVID-19 thaum cev xeeb tub thiab qhov cov tshuaj tiv thaiv ua haujlwm zoo npaum li cas rau cov neeg cev xeeb tub. Qhov tshwm sim ntawm cev xeeb tub tsis raug cuam tshuam los ntawm kev txhaj tshuaj tiv thaiv. Cov poj niam cev xeeb tub yuav tsum tau txhaj tshuaj tiv thaiv lawv tus kheej los ntawm COVID-19.



Tseem kawm ntxiv

Thaum peb kawm ntxiv txog koob tshuaj COVID-19, kuj yuav muaj ntaub ntawv tshiab lossis tej txheem lus tshiab uas yuav qhia tawm thiab, tiamsis tsis yog txhais tau tias koj yuav ncuaj sijhawm tsis mus txhaj koob tshuaj uas pab cawm tau tibneeg txojtsia.

✓ Cov koob tshuaj COVID-19 yuav tsis ua rau ib tug neeg twg xeeb tsis tau menyuam.

Yog tias koj xav muaj menyuam rau yav tom ntej, koj yeej txhaj tau koob tshuaj COVID-19. Yeej tsis tau muaj pov thawj pom tias koob tshuaj no yuav rau lub cev xeeb tsis tau menyuam.

✓ Mus txhaj koob tshuaj tab txawm tias koj twb mob COVID-19 dua los lawm.

Peb tsis paub tias kev tiv thaiv kab mob COVID-19 yuav kav ntev npaum li cas, thiab peb tsis paub tias seb kev tiv thaiv kab mob hloov mus li cas nce raws qhov koj mob loj los me. Peb kuj tsis paub tias cov kev hloov pauv yuav cuam tshuam li cas rau cov neeg uas tau muaj COVID-19 dua los lawm. Peb tseem pom cov neeg uas tau mob COVID-19 dua los tuaj yeem rov qab mob dua. Kev txhaj tshuaj tiv thaiv kom tsis txhob muaj qhov ntawd tshwm sim thiab pab tiv thaiv kab mob hanyav.

✓ Koj kis mob COVID-19 tsis tau los ntawm koob tshuaj.

Tej koob tshuaj no tsis muaj tus kab mob COVID-19 nyob rau hauv.

✓ Kev txhaj tshuaj tiv thaiv tseem yog qhov tseem ceeb heev txawm tias tam sim no tsim nyog tau cov koob tshuaj txhawb zog lawm los xij.

Kev txhaj tshuaj yog qhov kev tiv thaiv zoo tshaj plaws uas peb muaj los mus tiv thaiv COVID-19. Kev txhaj tshuaj tiv thaiv txo feem kev kis tus kab mob rau cov neeg uas tsis tau txhaj tshuaj tiv thaiv lossis cov uas yuav mob hanyav heev. Cov tshuaj tiv thaiv COVID-19 tseem siv tau zoo heev txuas ntxiv mus nyob rau kev txo nqis kev pheej hmoo ntawm kev mob hanyav, kev mus pw hauv tsev kho mob, thiab kev tuag. Koob tshuaj txhawb zog tiv thaiv COVID-19 pab koj tswj kom muaj kev tiv thaiv tus kab mob nyob rau theem siab.

✓ Tej yam mob tom qab txhaj tshuaj tag yeej tsis ua cas.

Tej yam mob tom qab txhaj tshuaj tag tsis npaum li koj mob COVID-19. Yuav mob, o, lossis liab ntawm qhov chaw hno koob; mob taub hau; mob ib ce; nkees nkees; thiab ua npaws mentsis yog txhais tau tias koj lub cev pib txais koob tshuaj lawm zuz zus. Yuav hnov mob li no rau ntawm 1-2 hnuv. Nws kuj tsis ua cas yog koj tsis hnov mob tom qab dabtsi. Nyias ib leeg yuav txawv nyias.

✓ Yam tiv thaiv koj los ntawm koob tshuaj yuav zoo tshaj tej kev phom sij ntawm tej kev txhawj xeeb.

Tau muaj cov lus ceeb toom txog kev twv tshuaj xws li cov teeb meem ntshav txhaws ntawm tshuaj tiv thaiv Johnson & Johnson lossis myocarditis/pericarditis tom qab hom tshuaj tiv thaiv mRNA (Pfizer lossis Moderna), tab sis nws yog ib qho tseem ceeb kom paub tias cov mob no muaj tsawg heev thiab yog yam ib txwm kho tau. Cov kws txawj tau soj ntsuam tas li seb puas muaj txiaj ntsig ntawm cov tshuaj tiv thaiv COVID-19 ntau dua cov kev pheej hmoo tsawg tsawg no. Cov lus qhia txog tshuaj tiv thaiv yuav hloov pauv raws li kev tshawb fawb txog kev nyab xeeb ua ntu zus. Kev paub txog cov kev twv tshuaj tsawg tsawg no thiab kev yuav kho li cas yog yam qhia tau tias peb cov hom kab ke soj ntsuam kev nyab xeeb ntawm tshuaj tiv thaiv siv tau zoo lawm.

Mus kawm paub ntxiv ntawm [Qhia Txog Koob Tshuaj COVID-19 \(www.health.state.mn.us/diseases/coronavirus/vaccine/basics.html\)](https://www.health.state.mn.us/diseases/coronavirus/vaccine/basics.html)